

**Business Women's Week**  
**The Third Full Week in October**

## Business Women's Week, Oct 16-22, 2016



**Business Women's Week Proclamation Signing**

**SERVICE PROJECT:** Monetary donations and school supplies will be collected throughout the week for C.A.C.T.U.S. . Donations may be dropped off at Thompson Hills, 906 Thompson Blvd., Sedalia, MO or Trans Central Suppliers, 4701 S. Limit Ave., Sedalia, MO

**Sunday, October 16<sup>th</sup>** – Worship with SBW President, Donna Hirner-Gardner at First Baptist Church, 200 E. 6<sup>th</sup> St., Sedalia. Lunch following at Fitter's



From Left to right: Cindy Goalder, Michelle Sparks, Cindy Weaver, Della Schnakenberg, Ruth, Stormey Allen, Linda Fisher, Carolyn Green, Carol Sawyer, Sue Parrish

**Monday, October 17<sup>th</sup> – Lunch with Rotary Club**, noon at Best Western, cost \$9.00.

**Relax, Renew & Retreat** 5 pm-8 pm @ Body Retreat 2, 618 W. 16<sup>th</sup> St., Sedalia



There was something for everyone and "it was free"! Two classes were offered: Zumba Gold class @ 5 p.m. or a beginner's Yoga class @ 6 p.m. Others may enjoy checking out the Passive Exercise/mobility tables or try out the new Circuit exercise equipment. Then, of course, there is always the option of just relaxing and renewing friendships while enjoying some refreshments.



**Tuesday, October 18 Past Presidents' Dinner** at Ivory Grille, Sedalia. This is by invitation of President, Donna Hirner-Gardner to honor past SBW presidents.



**Wednesday, October 19 — Membership Tea: “Ladies Bunco Night” at Sedalia Shrine Club.**  
Cost \$5.00. Remember to invite prospective members. LaSondra Marsch and Cathy Hammons



Thursday, October 20 Friendship Lunch at El Espolon

**Friday, October 21** — Finalize **Service Project** for CACTUS .

Please plan to attend as many events as possible. We encourage you to invite family, friends and prospective members to join in the activities.

- Please remember when you make a reservation you are committing to pay for it. We are looking forward to a fun week and I hope everyone has a great time!

Michelle Sparks, Chairman, Sedalia Business Women's Week

\* Don't forget: Sunday, October 23<sup>rd</sup> will be the **36<sup>th</sup> Annual SBW Chicken Dinner**



## 2015 Business Women's Week

*Sedalia Business Women celebrated Business Women's Week with several activities*



### Proclamation for Business Women's Week in Sedalia

**SERVICE PROJECT:** One of the goals this year for our State President, LuAnn Irby, was to raise awareness of the struggles that women face in the military. Keeping that in mind, we elected to recognize our military at Whiteman Air Force Base. We accepted monetary donations throughout the week for the **“Warm Heart Fund.”** This charitable organization uses the funds to help our military members at WAFB, and their families, in emergency situations.



Sunday, October 18, Breakfast at Golden Corral: Linda, Carol, Linda A., Donna, Michelle, Cindy, Della, Karen. 10:30 a.m. attended worship services with president at First Baptist Church.



Sunday Social Outing—Warm Spring Ranch, Courtesy of Carolyn Green



Monday, October 19, Lunch with Rotary Club at Best Western

Tuesday, October 20, Membership Tea: "Sip and Paint" at the Painting Parlor, 314 S. Ohio. Membership Chair Debra Andresen set up this fun event for members and prospective members to paint sunflowers.



Wednesday, October 21, Friendship Lunch at Fitters 5<sup>th</sup> Street, 500 S. Ohio, 11:30 a.m.



## **2014 Business Women's Week**



**2014 Business Women's Week, Ivory Grille**